aaa NEW PATIENT Adult Assessment Form

| | | Date Seen: | | | | | | | | | | Comments |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **Motor Assessment** *Grades 1 to 5* | | **Trapezius** | | | | | | | | | | |
| | | **Serratus Anterior** | | | | | | | | | | |
| | | **Supra/ Infraspinatus** | | | | | | | | | | |
| | | **Deltoid** | | | | | | | | | | |
| | | **Pectoralis Major** | | | | | | | | | | |
| | | **Lat. Dorsi/ Teres Major** | | | | | | | | | | |
| | | **Biceps** | | | | | | | | | | |
| | | **Triceps** | | | | | | | | | | |
| | | **Wrist Extensors** | | | | | | | | | | |
| | | **Extensor digitorum** | | | | | | | | | | |
| | | **EPL** | | | | | | | | | | |
| | | **FCR** | | | | | | | | | | |
| | | **Palmaris Longus** | | | | | | | | | | |
| | | **FCU** | | | | | | | | | | |
| | | **FDP** | | | | | | | | | | |
| | | **FDS** | | | | | | | | | | |
| | | **FPL** | | | | | | | | | | |
| | | **Thenar Muscles** | | | | | | | | | | |
| | | **Interossei** | | | | | | | | | | |
| | | **Brachioradialis** | | | | | | | | | | |
| | | **Other** | | | | | | | | | | |
| **Sensory Assessment** | | **C5** | | | | | | | | | | |
| | | **C6** | | | | | | | | | | |
| | | **C7** | | | | | | | | | | |
| | ***N*** *= Normal* | **C8** | | | | | | | | | | |
| | ***A*** *= Altered* | **T1** | | | | | | | | | | |
| | ***X*** *= Absent* | **Median Nerve** | | | | | | | | | | |
| | | **Ulnar Nerve** | | | | | | | | | | |
| | | **Radial Nerve** | | | | | | | | | | |
| **Passive Movement** | | **Shoulder** | | | | | | | | | | |
| | ***F*** *= Full* | **Elbow** | | | | | | | | | | |
| | ***R*** *= Reduced* | **Hand** | | | | | | | | | | |
| | ***X*** *= Absent* | | | | | | | | | | | |
| **Active Range of Movement** | | **Shoulder Abduction** | | | | | | | | | | (°) |
| | | **Shoulder External Rotation** | | | | | | | | | | (°) |
| | | **Range of Elbow Flexion** | | | | | | | | | | (°) |
| | | **Worst Finger: Tip to Palm** | | | | | | | | | | (cm) |
| **Functional Scores** | | **DASH Score** | | | | | | | | | | |
| | | **Narakas Score** | | | | | | | | | | |
| | | **VAS Score** | | | | | | | | | | |
| | | **BrAT Score** | | | | | | | | | | |
| | | **Employment Status*** | | | | | | | | | | |
| **Tinel's** | | **Site of Tinel's** | | | | | | | | | | |
| **Notes** | | | | | | | | | | | | |

***Employment Key:** **1** = Returned to Previous **2** = Returned to Different **3** = Training **4** = Not Working/Retired

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